



King County

Adult Services Division

Women's Advisory Board

Department of Community and Human Services

401 Fifth Avenue, Suite 510

Seattle, WA 98104

206 263-9069 FAX: 206-205-6565

TTY Relay: 711

WOMEN'S ADVISORY BOARD MINUTES FROM THE February 13, 2020 MEETING

Meeting Type: Regular: <u> X </u> Special: <u> </u>	Location:	Called to Order: 4:34	By:
Members Present:			
Rebecca Chan	Karol Brown	Joey Ketah	
Michaela Ayers	Kathryn Hancock	Hamdi Abdulle	
Jessica Giner	<i>Po. 8 Vacant</i>	Heena Khatri	
Sarah Reyneveld	<i>Po. 9 Vacant</i>	Kathy Brasch	
Aimee Grant	Zeeba Khalili	Dionne Foster	
Excused/Absent:	Aimee Grant		
Speakers:	Rebecca Milliman, Harborview & Ward Urion, LifeWire		
Staff:	Allison Jurkovich		
Guests:	N/A		
Approval of Minutes:			
Motion to Approve:	Kathy Brasch, Joey Ketah	Vote: Y	

AGENDA ITEMS:

Agenda Item 1:	Welcome & Introductions		
	Check in: What has been challenging for you recently and what is one thing you are grateful for?		
Action Items:	Person(s) Responsible:	Deadline/Due Date	
N/A			

Agenda Item 2:	Public Comment		
	No public comment.		
Action Items:	Person Responsible	Deadline/Due Date	
N/A			

Agenda Item 3:	Announcements		
	<ul style="list-style-type: none"> - Zeeba Khalili sat on the review panel for VSHSL XXXX Virtual Villages RFP. - Updates on Children & Families Strategy Task Force: <ul style="list-style-type: none"> o Sarah and Kathy sit on the Cost of Care subcommittee o Regular meeting was on April 8, 2020 with updates on COVID-19 impacts 		

	<p>on child care centers</p> <ul style="list-style-type: none"> ○ Continuing to move the work forward with a September report. ○ King County is using a portion of PSTAA funding to provide child care for essential workforce. <p>- WAB Elections will be held at July meeting.</p> <p>- Updates on the impact of COVID-19 on gender-based violence:</p> <ul style="list-style-type: none"> ○ Washington State Coalition Against Domestic Violence (WSCADV) “Resource Round-up”: https://wscadv.org/news/response-to-coronavirus-resource-round-up/ ○ Resources coordinated with local provider and DCHS contractor, API Chaya: https://docs.google.com/document/d/14ysv6gkJYsy9yim_2kaF19kkVSM9tp8-DzaKaR_qM3o/edit ○ A few additional resources and articles: <ul style="list-style-type: none"> ▪ https://theintercept.com/2020/04/13/coronavirus-lockdown-domestic-violence/?fbclid=IwAR318ke1L9WeJHzYnbPumo2S5Ua_mIf_LrK1fMCfoYhYnvX-2vslWAa-fxw ▪ National DV Hotline: https://www.thehotline.org/help/ ▪ https://genderpolicyreport.umn.edu/many-will-die-from-this-pandemic/ ○ Important to note that we will not have good data on what the impacts of COVID-19 will be on survivors until much later. Our best anecdotal information is that patterns of power and control continue to persist in abusive relationships. It is likely that with social distancing measures in place, isolation, which is one of the biggest markers of abuse, is heightened.
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Action Items:	Person(s) Responsible:	Deadline/Due Date
Links and information about training	Jessica Giner	
Links and information about impacts of social distancing on gender-based violence	Staff	May 13 meeting

Agenda Item 4:	<p>Gender-Based Violence Prevention in King County</p> <p>Rebecca Milliman – Prevention & Education Coordinator, Harborview Abuse & Trauma Center – rebamill@uw.edu, 206-744-1600</p> <ul style="list-style-type: none"> - Prevent and treat the harmful effects of traumatic experiences on survivors, families and communities. We strive to provide high quality, effective and culturally respectful care that is coordinate and multi-disciplinary. We serve the broader community through leadership, prevention, research, community and professional education and public policy advocacy. - Just started Telehealth - April is Sexual Assault Awareness Month <p>Ward Urion – Social Change Manager, LifeWire – wardku@lifewire.org, 425-562-8840 ext. 306</p> <ul style="list-style-type: none"> - Serve survivors of domestic violence and their children to - LifeWire is on a mission to end domestic violence and create a world where every person lives in a safe environment, free from oppression and with the opportunity to thrive. <p>Relationships:</p> <ul style="list-style-type: none"> - Garfield High School & Seattle Public Schools
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- Bellevue School District & Bellevue College
- O’Dea High School for CBIM

Community Mobilization: have prevention approach be community-specific. The community is an expert on their social norms and lives and when they are given the opportunity to decide the biggest issues of concern and solutions, the change is more meaningful and sustainable.

Policy Change:

- To respond to or prevent harmful behavior from happening
- **“The Dress Code”** with Seattle Public Schools – to respond to issues of body shaming, particularly for queer and non-binary youth. The District previously didn’t have a dress code and left it to discretion.
 - o This was an opportunity for young people to participate in the process
 - o For the policy and news coverage, please visit: <https://www.seattletimes.com/education-lab/as-debate-over-school-dress-codes-heats-up-seattle-schools-simplify-rules-while-some-in-everett-opt-for-uniforms/>
- **Title IX Task Force**
 - o Going to try to create a “youth voice” subcommittee in order to respond to concern about representation of youth

Bellevue College Title IX Team:

- Work is based in community mobilization which translates to relationships, which require time and care to have a trust level that allows you to confront challenging information.
- Survivors at LifeWire were reporting incidents of problematic behavior and relationships allowed for training opportunities and dialogue.
- Consistent investment and persistent effort in order to effectuate change.

Parents & Caregivers:

- 60% of students play a sport at least once in their high school career, so they had one strategy to target student athletes. Brought in parents and caregivers for an event called “Locker Room Talk.”
- Video by students: <https://youtu.be/9gy7iornq1c?t=30>

Faculty & Teachers:

- Able to teach seminars throughout course of the year in order to support survivors for domestic and sexual violence. How to report, assessing harm, impact on students in the classroom, etc.
- Translates to ongoing certification for faculty and staff
- First year semester seminar that will build in healthy relationship and bystander intervention training into all incoming and transfer degree seeking students at BC in their first quarter on campus.

Big Picture High School: Young Men’s Leadership Group, “Boys Club”

- Manhood 2.0 curriculum: promoting a gender-equitable future for men
- Supported to learn healthy masculinity, myths and how they perpetuate harmful behavior both to the community and to themselves and other men
- Will continue to meet virtually through the end of the year using the Manhood 2.0 curriculum

Youth-Led Leadership and Prevention:

- Sexual Assault Awareness Club (SAC)
- Role of Rebecca/Ward is to use privilege as an adult with access to folks in power to provide a platform for youth involvement.
- Ex. monthly series of staff trainings at school and co-presenting with youth
- Did a teacher survey with comfort level with certain topics, including how to address insensitive comments/macroaggressions that come up in the classroom.
- “Consent is everything” curriculum developed by youth
- “Consent at prom” postcard was stapled to every prom ticket with information about consent and resources
- Traffic light consent campaign: Red = Stop, Yellow = Ask, Green = Go or No
- Prevention is only possible with co-creation and leadership by youth

Health Classes:

- Colleges, High Schools and Middle Schools
- Family Life and Sexual Health (FLASH) curriculum – only one piece of the puzzle but is a great way to build relationships and come into schools

Working with Athletes & Coaches:

- **Coaching Boys into Men:** www.coachescorner.org
 - o Video: <https://www.youtube.com/watch?v=uFcfHBH7Mf8>
 - o Attached is an article about the efficacy of CBIM by Dr. Liz Miller
- Needed buy-in from community – co-founded an organization called “**Team Up Washington**” – www.teamupwa.org
 - o Goal is to get program into more schools and coaches hands
 - o Sounders, Seahawks, Mariners, local NHL teams sponsor trainings on an annual basis
 - o Goal is to meet the demands at the beginning of every sports season
 - o Coaches can apply to attend the trainings which will be sponsored by professional teams
 - o Program now lives with **Washington State Coalition Against Domestic Violence (WSCADV):** www.wscadv.org
- **Athletes as Leaders:** www.athletesasleaders.org
 - o Video: <https://www.youtube.com/watch?v=YRbIRuClyhM>
 - o Rebecca Milliman is the co-author
- “**All-In**” – going to be working with special Olympics Washington and Seattle parks & rec
- **SB 5395** will mandate comprehensive sexual health education in K-12
- Additional partners: UW Bothell & Lake Washington School District, Cascadia College

Key summary of prevention efforts:

- Comprehensive
- Intense& reinforced
- Varied teaching methods
- Relevant
- Positive

Additional resources and links:

- “Every Single Day” spoken word <https://youtu.be/9gy7iornq1c?t=30>

- AAL (www.athletesasleaders.org) — video:
<https://www.youtube.com/watch?v=YRbIRuClyhM>
- CBIM (www.coachescorner.org) – video:
<https://www.youtube.com/watch?v=uFcfHBH7Mf8>

Questions:

- How long have you worked with Garfield? What type of a reduction in sexual assault have you seen during this time?
- I'm curious whether these types of education programs are usually one-offs or are something that happens regularly?
 - o We know that one-off presentations build relationships but in order to change social norms, attitudes, and skills they need to promote healthy relationships it will take multiple doses. One example is at “Big Picture High School” – manhood 2.0
- Could you talk about your co-creation process with youth? For example getting their buy-in and engagement in the policy creation?
- I'm interested in how you choose which schools you go into. Is it based on which schools have highest rates of gender based violence?
- What are some of the success metrics for the Boys to Men program?
- How can King County support your work?
 - o Advocate for funding – many prevention programs are a one or two person role
 - o Dream would be to make a bigger impact and work with more communities
 - o BSK Levy renewal in Fall 2020
 - o VSHSL Prevention Pilot strategy
 - o Prevention will save money in the long run – this is its own pandemic of intergenerational trauma
- How does the work ensure equity and diversity are included in the prevention work?
 - o Recruit and engage youth to lead the effort to change – they are the ones who are dealing with the harmful and maladaptive behavior
 - o So much of what impacts our youth is specifically related to gender and the ways that gender is used to inhibit freedom and agency and the way that gender socialization ends up creating and supporting harmful behaviors. Critical that we prioritize gender equity and opportunities to learn healthy relationship skills.

Action Items:	Person(s) Responsible:	Deadline/Due Date
N/A		

- **Next Steps:** Follow-up with May presenter: Chelsea Hendrickson from Cowlitz Pathways to Healing Program.

AJOURNMENT

Time: 5:30 pm

NEXT MEETING

Date: February 13, 2020

Time: 4:30-5:30 p.m.

Location: Zoom/Call-In